

This is to certify that

Stephanie Ann Houghton

has successfully completed all modules of the

UNDERSTANDING DEMENTIA 2018

Massive Open Online Course (MOOC)



Professor James Vickers

Director

Wicking Dementia Research and Education Centre

July 2018 21 CPD Hours

Certification that Stephanie Ann Houghton has completed the Understanding Dementia MOOC from the Wicking Centre, University of Tasmania, between July & September 2018

CONTENT AREAS: INTRODUCTION MODULE (1 HOUR)

- The relevance of quality of life as a framework for planning for and responding to the needs of people living with dementia

CONTENT AREAS: MODULE 1: THE BRAIN (5 HOURS)

- Overview of dementia as a complex syndrome
- Foundational descriptions of workings of the nervous system
- Basic anatomy of the brain
- Pathology of the different diseases that cause dementia
- Linking brain pathology to the symptoms of dementia
- Key contemporary areas of dementia research

CONTENT AREAS: MODULE 2: THE DISEASES (5 HOURS)

- Risk factors for dementia
- The differences between normal ageing and dementia
- Issues around obtaining a diagnosis of dementia
- The 'domains' affected by dementia
- The stages of dementia linked to related care and support needs
- Principles underlying medical management of dementia

CONTENT AREAS: MODULE 3: THE PERSON (10 HOURS)

- Issues related to the onset of dementia symptoms
- Experience of what it is like for people living with dementia, including the carer's perspective
- Major principles of dementia palliation
- Pain for people living with dementia
- Primary behavioural and psychological symptoms of dementia (BPSDs) and principles of management
- Dementia friendly communities
- Contemporary recommendations around built design principles for people living with dementia
- Non-pharmacological dementia therapies

Certificate No:

16302

